

Suicide Prevention Training 101

Part 1 Transcript

[Samantha Vidal]: If you or someone you know is experiencing suicidal thoughts or a crisis, please reach out immediately. These services are free and confidential.

[Samantha Vidal]: The contents of this course are for general informational purposes only and are not intended to diagnose, treat, prevent, or cure any condition or disease or substitute for medical advice. All information is provided in good faith.

[Samantha Vidal]: According to the Centers for Disease Control and Prevention, suicide is the second leading cause of death for Hoosiers between the ages of 10 and 34 years. Almost 7% of high school students report making a suicide attempt, and over 14% report suicidal thoughts. Death rates for suicide have continued to rise both nationally and in Indiana. That's why the CIESC Compliance training course was developed with content from state and national partners. In 2017, the Indiana General Assembly passed legislation requiring all school corporations to adopt a policy intended to increase child suicide awareness and prevention.

[Samantha Vidal]: Additionally, in 2018, the statute expanded coverage to include training requirements for superintendents, principals, teachers, librarians, school counselors, school psychologists, school nurses, and school social workers employed at schools that provide instruction to students in grades five through 12. Schools may require any other appropriate school employee to attend or participate in research research-based, in-service youth suicide awareness and prevention training.

[Samantha Vidal]: Suicide prevention training is required for an educator license applicant and by teachers for grades 5 through 12 in a corporation, charter school, and accredited non-public school. At least two hours of training is required every three school years. Due to Indiana requirements, this course is locked down with time limits. After completing this Suicide Prevention 101 course, you will receive a certificate of completion for one hour of training. Please note that you will need additional training on the prevention of child suicide to meet the state requirement of at least two hours every three school years.

[Samantha Vidal]: It is important that we gain a comprehensive understanding of the impact of suicide on our Hoosiers students. By gaining a deeper understanding of the complexities surrounding suicide, educators are better equipped to recognize the warning signs and underlying issues that can lead to suicidal thoughts. This knowledge, along with the effective identification and use of support resources, enables us to provide crucial assistance to colleagues and students in crisis. In doing



this, we not only address the immediate challenges but also lay the groundwork for ongoing prevention and heightened awareness within our community.

[Samantha Vidal]: In the following 50-minute presentation, Jason Murrey, a prevention specialist with the Indiana Department of Education, will discuss the impact of suicide on students in Indiana. He will explain the influence of suicidal ideation in educational settings and provide guidance on recognizing vital resources to support colleagues or students grappling with suicidal thoughts. Thank you for taking the time to view this course.